



# The Messenger

First United Methodist Church Newsletter  
446 Camden Avenue, Moorestown, NJ 08057  
856-235-0450

Rev. Stephen Donat, Pastor  
Rev. HeyYoung Horton, Associate Pastor  
Glenn Rodgers, Director of Music    Karen Murray, Director of Christian Education    Sue Harris, Parish Nurse  
Brad Kenney, Director of Youth Ministries    Devika Gill, Director of First Light Learning Center

Join us for Worship - Saturday 5:30 pm, Sunday 8:30 am, 9:30 am, 11:00 am  
Visit us on the Web at: [www.meetwithGod.com](http://www.meetwithGod.com) -or- Email us at: [church@meetwithGod.com](mailto:church@meetwithGod.com)

MAY 2012



## 2012 MOORESTOWN CROP WALK Sunday, May 6th

Please mark your calendars and make plans to participate in the annual CROP Walk in Moorestown on the afternoon of the first Sunday in May. Registration begins at 1:00 P.M., and the Walk starts at 1:30P.M. This event raises funds to fight hunger both globally and locally. Monies raised by participants through per-mile or general pledges support Church World Service programs as well as food banks in South Jersey. There is a choice of three well marked routes around town and down by Strawbridge Lake - a five-mile walk and shorter one and three mile optional routes. The Walk is meant to symbolize all those people in the world who must walk many miles each day to obtain food and drinking water. Fun activities along the way and at the end are also being planned to make the afternoon enjoyable and meaningful.

The Moorestown CROP Walk has been held for the past three decades. Over the years, FUMC has hosted the Walk many times, and has been one of the strongest supporters in terms of dollars raised. FUMC supports local food banks in Moorestown, but the Outreach Committee encourages you to come out and support this other important opportunity to feed the hungry. The needs of the poor are more critical now than ever. Please make plans to participate in the CROP Walk on May 6<sup>th</sup> or, if you cannot, to pledge money to those from FUMC who will be walking that day.

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### OUR MISSION STATEMENT

*First United Methodist Church is a community of faith committed to sharing the love of Jesus Christ with a hurting world through words and actions.*



## SPECIAL OFFERING FOR THE UNITED METHODIST HOMES

There will be a special offering the weekend of Mother's Day, May 12 & 13, to support the United Methodist Homes of NJ Fellowship Fund. The Homes provide compassionate, caring service to over 1,300 senior men & women in 10 communities. They provide residential and assisted living, as well as skilled nursing, memory support care, respite, hospice service, and affordable (HUD) housing. Through the Fellowship Fund, we support a promise kept for over 100 years that no resident will be asked to leave a United Methodist Home community due to inability to pay the total cost of care. Look for the special insert in that weekend's bulletins; checks should be made out to First United Methodist Church, memoed "UM Homes" and placed in the offering plate. We appreciate your support of the United Methodist Homes and their ministry.

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### CALENDAR OF EVENTS

May 2nd            Sing-Along at Innova - 10:30 am  
May 4th            Grounds for Good - 8:00 - 11:00 pm  
May 4-5            Jr./Wesley Choir overnight  
May 6th            CROP Walk - 1:00 pm registration  
May 11th           Rock 4 Relief - 6:30 - 10:30 pm  
May 12th           ASP Car Wash - 9:00 am - 2:00 pm  
May 13th           Mother's Day Musical - 9:30 & 11 am  
May 14th           Miriam Circle - 6:30 pm  
May 18th           Confirmation dinner/rehearsal - 6:00 pm  
May 19th           Adult Fellowship - Night at the Theatre  
May 20th           UMM Breakfast - 7:45 am  
May 20th           Confirmation - 9:30 am  
May 21st           Ocean City bus trip - 9:30 am - 5:00 pm  
May 21st           Youth Chick-fil-A fundraiser - 5-8 pm  
May 24th           Evensong Service - 7:00 pm  
May 28th           Memorial Day - church office closed  
May 31-Jun 2      Annual Conference



FROM THE PASTORS

**Preaching for Fall 2012 - Spring 2013**

We'd like your input! As we look ahead to our preaching in the coming year, we'd like to hear from you. If you could respond to any of these questions, it would be greatly appreciated. You can send an email to the church office (church@meetwithGod.com), or to either pastor (steve@meetwithGod.com or heyyoung@meetwithGod.com), or put a note in the offering plate! (They need not be signed).

1. A Scripture Passage you struggle with.
2. What is a personal issue that you struggle with?
3. A topic that you would feel comfortable (and encouraged) to invite a friend to hear with you.
4. Any other topics that you might suggest?

Thanks!  
Pastors Steve and HeyYoung

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**GROUNDS FOR GOOD  
COFFEE HOUSE**

Join us on Friday, May 4 in Fellowship Hall for great coffee, great music and great art, all for a great cause! Enjoy Christian blues, rock and contemporary music performed by Legacy by Right and an exhibit of intricate woodwork by Peggy Young. Admission, coffee and tea are free, and donations and proceeds from the sale of baked good will benefit the Saints Prison Ministry. Doors open at 7:30, and music will begin around 8. Free childcare is available 8-9:30.

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**MEN'S WEDNESDAY EVENING PROGRAM  
BEGINNING IN MAY**

What are you doing on Wednesday evenings in MAY from 7 - 8 pm? There is a **new group forming** that is open to any MAN. The Theme of the gathering is **“Ultimate Factories: Behind the Scenes of Manufacturing Goliaths”**. Each week there will be a presentation about a specific company including Chevy, BMW, Ferrari & Peterbilt Trucks. The gathering will start with a short devotion & an opening prayer. Then the film will be shown and a short discussion will follow. Also, dessert will be provided weekly. For more information, contact Karen Murray, DCE at 856-222-1120.



MUSIC  
NEWS



**Sunday, May 13, 9:30 & 11:00 Worship**

**“IT'S COOL IN THE FURNACE, PART 2”  
A Children's Musical  
by Larry Mayfield and Grace Hawthorne**

**Presented by  
the Children in the Junior & Wesley Choirs  
(2nd-6th Graders)**

Our Children's Choir will present the message in musical drama on Mother's Day, May 13, at the 9:30 and 11:00 worship services. This is the highlight of the year for the children as they happily take the responsibility of spreading the love of God in the faithful retelling of a Biblical story and eternal truth. Parents, children and congregation alike, remember specific tunes and memorable lines throughout their lifetime.

“It's Cool In the Furnace, Part 2” is one of the first children's musicals of this sort and is still one of the best. Its title indicates that it is a sequel to “It's Cool In the Furnace” - a story about the prophet Daniel and the Israelites, Shadrach, Meshach, and Abednego, who were protected from harm by God as they were thrown into a fiery furnace for their faithfulness to the one true God. This then is a continuation of the story of Daniel as he encounters his own challenges from King Darius and is thrown into a den of lions for his steadfast faithfulness to God, no matter what.

Come and be blessed by the drama, the fresh enthusiastic spirit of children, and the reassurance of an eternal loving God.

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Newly Baptized

**Baptisms:**

Lydia Renee Howell  
on March 18, 2012; daughter of  
Blane & Mary Howell

**Weddings:**

Lindsay Smith &  
Cameron Morgan on  
April 14, 2012





FROM THE DIRECTOR  
OF CHRISTIAN EDUCATION

*“Direct me in the path of your commands, for there I find delight.” Psalm 119:35*

“...for there I find delight.” Does your delight come from your walk with the Lord?

This past year's Thursday Children's Youth Group program focused on the “Great Commission” in Matthew 28.

*<sup>18</sup>Jesus came and told his disciples, “I have been given all authority in heaven and on earth. <sup>19</sup>Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. <sup>20</sup>Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.”*

The hope for this teaching was to encourage the children to keep their hearts and minds focused on Jesus' command to his disciples and to treat ALL people the same as they share His love with them. We started the year off by making “Passports” that would allow us to travel wherever the lesson took us. As it turned out we were able to learn about helping people in our community by collecting food and other items and helping people as far away as Africa.

The primary theme of the day was always focused on how Jesus told the Disciples that one of their responsibilities was to introduce people to His unconditional love and grace and to walk in the path of the Lord. We also explained to the children that the best way to teach their friends about Jesus was to do their best to act like Him by being kind, loving and compassionate. I must say that, thanks to the dedicated volunteers who helped each Thursday by showing their love for the Lord by serving His children, many of the children definitely “got it”.

How do I know that? Just by watching and listening to them as they share the stories of their day and of their friends and how they talk about going to Church and Sunday School and Youth Group. These beautiful young souls are truly finding delight in learning about God, Jesus and the Holy Spirit. It really is a beautiful sight.

So as we enter into the summer months take a moment and reflect on these past months and decide if you found

delight in being guided by Jesus' path and if not what can be done to change that and if so give thanks for the opportunities to continue in the “Path of the Lord.”

Grace & Peace,  
Karen Murray, DCE

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### **Special Dates to Remember**

(Volunteers are needed for each of these events. If you are interested please call 856-222-1120. ~Thank you in advance, Karen)

#### **June 10<sup>th</sup> - Celebration Sunday**

**9:30** - Children in grades K-6 will meet in Fellowship Hall for a morning filled with games, fun & laughter. Children ages 2-5 will meet in their regular rooms for special activities. (No Jr. or Sr. High Sunday School)

**11:00** - Children will meet in their regular classroom for a morning of special activities.

**“Family Fun Night” - 5:00-7:30** Come and be part of this yearly event. This year there will be a *Giant Moon Bounce, the Dunk Tank, an Obstacle Course, Food, Music, Fellowship & FUN!*

**July 1<sup>st</sup>** - Summer Sunday School begins. (Look for more information next month.)

**August 13<sup>th</sup> - 17<sup>th</sup>** - V.B.S. Theme: *“Amazing Wonders Aviation - Encountering God's Awesome Power”*. The program will be from 9:00-12:00noon. “Family Appreciation Night” will be on Thursday, August 16<sup>th</sup> at 7:00pm in the Sanctuary.

**August 19<sup>th</sup> - 23<sup>rd</sup>** - Evening V.B.S. - Theme: *“Amazing Wonders Aviation- Encountering God's Awesome Power”*. The program will begin at 6:00pm in the Fellowship Hall with a light dinner provided and conclude at 8:00pm after a time of Fun, Fellowship & Learning.

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### **EVENSONG SERVICE**

An Evensong Service will be held in the Chapel on Thursday, May 24 at 7 p.m. Rise above the noise and come to rest in God's presence for an hour. Lift your voice in songs of praise and prayer to our precious Lord.



MIRIAM CIRCLE

Miriam Circle will meet on Monday, May 14th at 6:30 PM in the Parlor. We will have our annual Cover Dish Salad supper and Auction. Betsy DeWitt will lead us in Devotions. Mary Lou Nelson and Barbara Dapper will be our hostesses. Ladies please join us for a night of fun and fellowship. Bring your favorite salad and an item for the auction. For more information call Barbara Dapper, 235-1765.

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“LISTENING TO MY SISTERS” THEME OF CHURCH WOMEN UNITED MAY FRIENDSHIP DAY LUNCHEON CELEBRATION MAY 4th

Moorestown area women are once again warmly invited to the May Friendship Day Celebration of Church Women United on May 4. It will include lunch at 12:00 noon and a program, “Listening to My Sisters, Sights and Sounds of Harmony,” presented by Carol Talbot, and will be held at The Evergreens, 309 Bridgeboro Road, Moorestown. For tickets call Barbara Dapper, 856-235-1765, cost is \$15, or call 856-235-5211 for reservations.

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Give Back with Passion - Volunteer at CONTACT

(CONTACT training is registered with the NJ Dept. of Education for professional development credits.)

Give...Caring, compassionate support to people who have an immediate need.

GET...Incredible fulfillment and enhanced communication skills you will use throughout your life. YOU CAN HELP!

No experience necessary - training is provided that includes active listening, crisis skills, self-awareness and data components. Volunteer according to your schedule - 24/7 availability. If you are 18 years or older, call 856-234-5484 x101, email info@contactburlco.org or visit our website at www.contactburlco.org for information and applications. Thank you!

IT'S TIME TO GO TO OCEAN CITY!!

Once again Heart to Heart and Outreach Ministries will be sponsoring our annual “Fun Trip to Ocean City” on MONDAY, MAY 21st, for those “young at heart” (50+). We will be leaving by coach bus from Fellowship Hall parking lot at 9:30 a.m. sharp, and will return by 5:00 p.m. We'll have lunch at the lovely Flanders Hotel, and then the rest of the afternoon can be spent at your leisure - walking the boardwalk, browsing in the shops or enjoying the beautiful ocean and beach! The only cost to you will be the price of your lunch (around \$19.00), and whatever you spend on the boardwalk. Wheelchairs are available if needed. Please call Sue Harris at 856-235-2575 ASAP if you'd like to join us for a day of fun and fellowship. “By the sea, by the sea, by the beautiful sea...”



ADULT FELLOWSHIP

Saturday, May 19, 2012

Night at the Theatre “Bye Bye Birdie”

Bridge Players Theatre Company Broad Street United Methodist Church Burlington, NJ

\$20.00 per ticket

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GOOD ADVICE FROM COLLINGSWOOD MANOR

An 88 year old resident at Collingswood Manor was asked if she had enjoyed cooking and was she a good cook. She answered “yes” to both questions. She then added “but you never want to be too good a cook or you will never be taken out to eat. You don't learn to prepare Lobster Tails.”

Good advice, ladies.

~ Submitted by Joan VanAlstyne, 1st UMC “Ambassador” to Collingswood Manor



## FROM THE PARISH NURSE The Top Ten

I looked at a list of the “Top Ten Movies” recently, and I have to admit, I'd only heard of 2 of them - obviously I'm not much of a movie goer. However, when I perused the list of the “Top Ten Cancers”, I realized that I *personally knew someone* who had experienced each of these ten most common cancers in the US. Statistics show that **half of all men** and **one-third of all women** in the US will develop cancer during their lifetimes - this is one mind boggling statistic. I feel it is imperative that we all develop an awareness of the basic signs and symptoms of the many different forms of this disease.

Therefore, this article will list the Top Ten most common cancers diagnosed in the US, as compiled by the American Cancer Society, with a **BRIEF** list of the “cardinal” signs and symptoms associated with each type of cancer. And at the top of the list is:

**Prostate Cancer** - is the most commonly diagnosed cancer among men (excluding non-melanoma skin cancers). Symptoms of this cancer include burning or pain during urination, difficulty urinating, blood in the urine (hematuria), a weak urine stream, pelvic, back or hip pain and weight loss.

**Breast Cancer** - is the most frequently diagnosed cancer among women. There are many different types of breast cancer, but most of them have similar patterns of symptoms such as a lump, tenderness or swelling in the breast, nipple discharge, inversion or scaling, rash or intense itching of the nipple or breast and swelling in the armpit or around the collar bone.

**Lung Cancer** - *is the most common cause of death from cancer.* There are many symptoms of this disease which include persistent cough, chest discomfort or pain, shortness of breath, coughing up blood or blood-tinged mucus, weight loss, weakness, nausea, and vomiting. Smokers are at the greatest risk to develop this cancer.

**Colorectal Cancer** - Cancer of the colon or rectum doesn't discriminate - it's the 3<sup>rd</sup> most common cancer in both men and women and usually presents with symptoms such as bright red or dark brown (old) blood in the stool, black or tarry appearing stool, weight loss, fatigue, pain in the pelvis or rectum, nausea, vomiting, constipation, swelling of the abdomen and a pale appearance - usually from anemia.

**Melanoma** - Skin cancer is divided into the non-melanoma and melanoma categories with melanoma being the more serious type of cancer, but both have

similar symptoms including any change in the color, shape, or size of a mole, freckle, or blemish, or a reddened, itchy, scaly or crusty area of the skin.

**Bladder Cancer** - usually presents with hematuria, or blood in the urine, but is often passed off as a bladder or kidney infection or trauma to the urethra. Hematuria, as well as frequent or painful urination should be thoroughly looked into.

**Non-Hodgkin's Lymphoma** - Lymphoma is a cancer of the lymph system - the body's defense system against infection and disease - and is classified as Hodgkin or non-Hodgkin disease. Symptoms for either type of lymphoma are similar and include swollen lymph nodes usually in the neck or armpit, chronic fatigue, loss of appetite, weight loss, fevers, drenching night sweats, itchy skin, and weakness.

**Kidney (Renal) Cancer** - like bladder cancer often presents with hematuria, but this cancer can also cause symptoms such as chronic fatigue, weight loss, leg and ankle swelling, hypertension, fever, lower back or side pain or a mass or lump in the abdomen.

**Thyroid Cancer** - usually begins in the thyroid gland, which is part of the endocrine system which regulates the myriad of hormones produced by the body. Thyroid cancer usually presents with a lump in the neck below the Adam's apple where the thyroid “lives”, but can also cause hoarseness or difficulty swallowing or breathing. Thyroid cancer is the **fastest increasing cancer** in both men and women.

**Endometrial Cancer** - forms in the endometrium - the tissue lining the uterus, and often presents with abnormal vaginal bleeding. Pain during intercourse, pelvic, leg or back pain, difficulty or pain upon urination, vaginal discharge, weight loss or an enlarged uterus found upon medical examination can also be symptoms of this cancer.

Now, as you may have noted, many of these symptoms can be found in non-cancerous conditions ie: rectal bleeding can be caused by hemorrhoids, swollen lymph nodes can occur in mononucleosis, bronchitis can cause persistent coughing - BUT it is still wise to have any of these symptoms checked out by a medical doctor if they concern you because *almost all cancers are curable or treatable if detected in their early stages.*

As I always like to say, “**When in doubt, check it out!**”

Be well, Sue Harris